

FEAR NOT



Through this lesson, it is my prayer that your children will learn to give all their fears to God. They will have the opportunity to think of one real fear and give it to God in prayer.

Matthew 6:25-34

Do Not Worry

Lesson Snapshot

Bottom Line: Give your fears to God

Objective: Kids will think of one real fear and give it to God in prayer.

Key Passage: Matthew 6:25-34, Do Not Worry

Memory Verse: "Turn all your worries over to him. He cares about you." 1 Peter 5:7

Summary: There are a lot of things that can make us afraid: moving to a new place, parents fighting, bullies, and this virus we are hearing about are all scary things. But God tells us that no matter how scary something is, we can pray to Him and He will be with us and help us during the scary times. Then we don't have to worry and we don't have to be afraid.

Simple Prayer: Dear God, take our fears, and let us know you are with us!

Fear Not

Fear Not Lesson

There's a certain time of year, one night, when scary faces are out on the streets of neighborhoods everywhere, roaming from house to house. Everything from Zombies, Vampires, Martians, Aliens, and Sith Lords are moving through the dark night on a single minded mission. When does this happen?

Yes, it's all about the candy...and as much as possible, right? When we pass one of those scary masks, we don't have the slightest hint of fear. Why? Because we know that underneath that creepy, monstrous face is another kid just like us. That's not Darth Vader...it's just another trick or treater searching for candy.

The monsters we see on Halloween are not real—and thank goodness! Life has enough worries without those classic movie monsters coming to life. Real worries can be even scarier than ghosts and goblins. Real life brings us fears like—What are my chances of getting this virus going around? How will I do on my tests when I get back to school? What will the results of my grandmother's medical tests be? What will happen if my Dad loses his job?

There's no shrugging off these fears. They are real, and they are scary. But with some help from God, we can face those fears and find something better. We can find peace.

Fear Not Lesson

Read Matthew 6:25-34

Main Point: Jesus is speaking to some very real fears in this passage. He doesn't try to make them seem less important because these are real issues. We all want security. We all want to know we will have a place to sleep, food to eat, and clothes to wear. But Jesus tells us we need to give all of our fears to Him. God does not want us to live in fear. He wants us to live in faith.

Drive it Home: If I just came out and asked what scares you, you would probably name the creeps and monsters we talked about earlier. You would add other typical fears like snakes and spiders, or riding your bike, or just being in the dark. You might be experiencing fears like Jesus mentioned. Maybe you fear getting sick from this virus going around. Maybe you have someone in your family suffering from a long-term illness. Maybe you're wondering when your Mom and Dad will stop fighting.

It's a helpless feeling knowing there's nothing you can do to control these things, but we don't have to face them alone. We give those fears to God. We can face them knowing God is with us and he knows our problems. We can claim the promises of the Bible. God knows us and He loves us. He knows what we need. He works things out for our good. And one day, he's going to take us to a better place, a place free of worry and fear, where we will live forever with Him!

Imaginary fears can be fun. We can enjoy spooky movies, spooky costumes and masks and even do a Zombie Dance while laughing at ourselves. Real fears are not as fun. But even in scary times, we can smile and dance, knowing that God is in control.

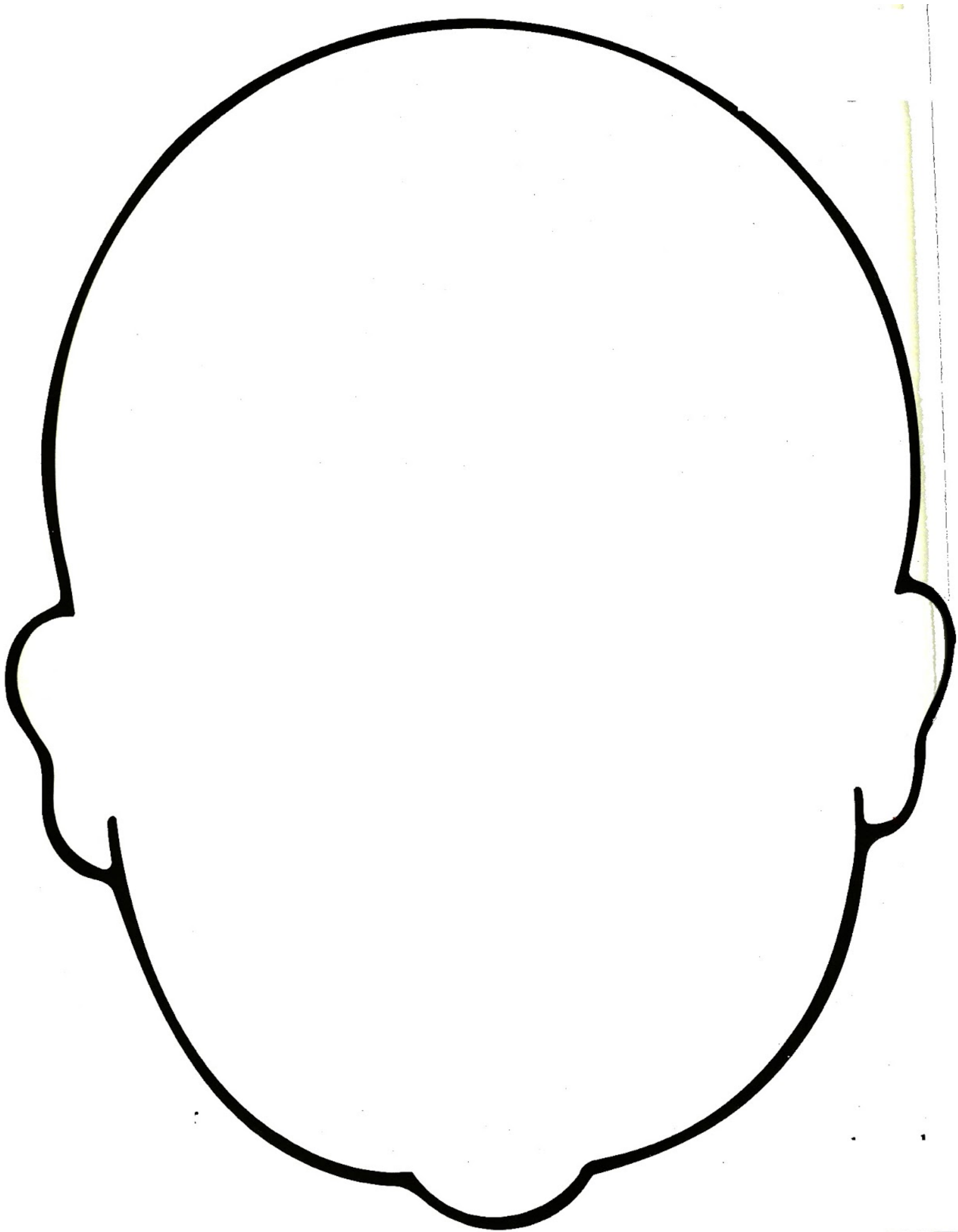
Give God your worries. Let God know you trust Him. God will grow your faith, and he will give you peace in scary times.

Pray: Dear God, take our fears, and let us know you are with us!

Craft Time

Can you make a scary mask? Maybe a funny face? You can make your mask as crazy as you'd like.

Sometimes we see a mask and it makes us laugh. Sometimes it can be scary. Sometimes it all depends on the circumstances. Have some fun and go as crazy as you'd like!





Make It Stick

Throughout the Day: ask them things like; "What are some things that make us scared?" "What does God say we should do when we get scared?" "Remember, God tells us that no matter how scary something is, we can pray to him and he will be with us and help us during the scary times. We don't have to worry."

At Dinner: Here are some discussion starters:

- *How does God take care of the flowers and birds?
- *How can God take care of our fears?
- *What do we need to do to give our fears to God?

At Bedtime: Quiz your child/children on the memory verse: 1 Peter 5:7; "Turn all your worries over to Him. He cares about you."

Parent Time: What you need to know

Life has fears that are scarier than any monster you'll see at Halloween. We can give these fears and worries to God. He will give us peace, and he will work things out for our good. Talk to your kids about things they are afraid of, and pray with them that God will give them comfort. I have talked with a couple of kids in our group who are seriously concerned about COVID-19. So don't try and dismiss it with them. They are processing, and even internalizing sometimes more than you know.